



POOL SESSIONS

PEAK SEASON POOL ACTIVITIES

17/07/26 - 30/08/26

DAY	SPECIAL SESSION (8:00 - 8:45)	MORNING 9:00 - 11:00	MIDDAY 11:30 - 13:30	AFTERNOON 14:00 - 16:00	EARLY EVENING 16:30 - 18:30	ACTIVITY HOUR 19:00 - 20:00
MONDAY	PARENT TODDLER	GENERAL SWIM	GENERAL SWIM	GENERAL SWIM	GENERAL SWIM	MONKEY RUN ^{£10}
TUESDAY	AQUAFIT ^{£5}	GENERAL SWIM	GENERAL SWIM	GENERAL SWIM	GENERAL SWIM	MONKEY RUN ^{£10}
WEDNESDAY	ADULT ONLY	GENERAL SWIM	GENERAL SWIM	GENERAL SWIM	GENERAL SWIM	MONKEY RUN ^{£10}
THURSDAY	ZUMBA ^{£5}	GENERAL SWIM	GENERAL SWIM	GENERAL SWIM	GENERAL SWIM	MONKEY RUN ^{£10}
FRIDAY	ADULT ONLY	GENERAL SWIM	GENERAL SWIM	GENERAL SWIM	GENERAL SWIM	MONKEY RUN ^{£10}
SATURDAY	ADULT ONLY	GENERAL SWIM	GENERAL SWIM	GENERAL SWIM	GENERAL SWIM	POOL PARTY ^{£5}
SUNDAY	ADULT ONLY	GENERAL SWIM	GENERAL SWIM	GENERAL SWIM	GENERAL SWIM	MONKEY RUN ^{£10}

ALL DAY, EVERY DAY

GENERAL SWIM SESSIONS:

9:00 - 11:00 • 11:30 - 13:30 • 14:00 - 16:00 • 16:30 - 18:30