











































# Palm Bay

Swim • Splash • Relax

# POOL SESSIONS

## PEAK SEASON POOL ACTIVITIES

17/07/26 - 30/08/26

DAY	SPECIAL SESSION (8:00 - 8:45)	MORNING 9:00 - 11:00	MIDDAY 11:30 - 13:30	AFTERNOON 14:00 - 16:00	EARLY EVENING 16:30 - 18:30	ACTIVITY HOUR 19:00 - 20:00
MONDAY	 PARENT TODDLER	 GENERAL SWIM	 GENERAL SWIM	 GENERAL SWIM	 GENERAL SWIM	 WATER WALKERS <span>£10</span>
TUESDAY	 AQUAFIT <span>£5</span>	 GENERAL SWIM	 GENERAL SWIM	 GENERAL SWIM	 GENERAL SWIM	 MONKEY RUN <span>£10</span>
WEDNESDAY	 ADULT ONLY	 GENERAL SWIM	 GENERAL SWIM	 GENERAL SWIM	 GENERAL SWIM	 WATER WALKERS <span>£10</span>
THURSDAY	 ZUMBA <span>£5</span>	 GENERAL SWIM	 GENERAL SWIM	 GENERAL SWIM	 GENERAL SWIM	 MONKEY RUN <span>£10</span>
FRIDAY	 ADULT ONLY	 GENERAL SWIM	 GENERAL SWIM	 GENERAL SWIM	 GENERAL SWIM	 WATER WALKERS <span>£10</span>
SATURDAY	 ADULT ONLY	 GENERAL SWIM	 GENERAL SWIM	 GENERAL SWIM	 GENERAL SWIM	 POOL PARTY <span>£5</span>
SUNDAY	 ADULT ONLY	 GENERAL SWIM	 GENERAL SWIM	 GENERAL SWIM	 GENERAL SWIM	 MONKEY RUN <span>£10</span>

ALL DAY, EVERY DAY

GENERAL SWIM SESSIONS:

9:00 - 11:00 • 11:30 - 13:30 • 14:00 - 16:00 • 16:30 - 18:30